



## **DR. SANDHYA RAI**

D.O.B : 26-9-1966  
Designation : Assistant Professor  
Date of Joining : 04.11.1997  
Contact No. : 9434143720  
Email ID : [sandhyarai269@gmail.com](mailto:sandhyarai269@gmail.com)  
Teaching Experience : 21 years  
Pay Scale : **15600-39100+6000**  
Address : **Pussibing T.E. P.O. Ghoom Dt. Darjeeling, W.B.**

<b>Educational Qualifications : M.Sc./M.Ed./Ph.D./NET/SLET</b>				
Sl. No	Degree	College and University from where degree obtained	Year of passing	Division
1	B.Ed. / BFA. [Painting]	<b>S.R.K.B.T. College, Darjeeling, NBU</b>	<b>1993</b>	<b>II</b>
2	M.Ed/MFA [Painting]	<b>Madurai Kamraj University</b>	<b>1999</b>	<b>I</b>
3	PG with subject	<b>M.Sc.[Zoology] Darjeeling Govt. College, NBU</b>	<b>1989</b>	<b>I</b>
4	Ph.D	<b>Ph.D [Education]</b>	<b>2013</b>	
	SLET	<b>W.B.</b>	<b>1993</b>	
	NET	<b>UGC</b>	<b>2012</b>	

### **PUBLICATIONS:**

S. No	Name of Journal/ Book	Title of the Article
1	The Himalayan Review, ISSN 2348-2893	Spiritual Intelligence and Role of Teacher in modern Education
2	Life Skill Education: Challenges & Perspectives , ISBN no:9789383701056	Meditation and Stress Management
3.	Udgaar,2002, No: 11, Year 13, Dakshin Sikkim Sahitya Sangathan	Nari Abla ki Sabala?
4.	Centennary Smarika: Pussimbing Pry School, 2007	Samaya Prabandan
5.	SCERT Compendium, 2018, SCERT Govt. of Sikkim?	A study on the Sustainable Lifestyles of the Secondary School Teachers of Sikkim.

## **PAPER PRESENTATION**

- Presented a paper on “*The most Endangered species in the Hill: The Ethical Human Being*” in the UGC – sponsored National Seminar, organized by Dept. Of geography and economics, Kalimpong college, Darjeeling on March 24<sup>th</sup> – 25<sup>th</sup>, 2012.
- Presented a paper in the International Conference paper titled, ” *A study on Social Peace among the secondary school teacher of Sikkim*” at St. Xavier’s College of Education, Patna, on 15<sup>th</sup>-17<sup>th</sup> October, 2015.
- Participated in the panel discussion on the topic titled, “*On being messenger of peace*”, during the International conference on “Holistic Development and Education for peace” on October 15<sup>th</sup> – 17<sup>th</sup>, 2015.

## **SEMINAR/CONFERENCE/WORKSHOP ATTENDED**

- Attended UGC sponsored Refresher course at ASC, University of North Bengal, from November 05 – 25, 2014.
- Participated in the five days orientation programme on Planning and management of Higher education for the principals of affiliating colleges offering undergraduate courses of North Eastern region, organised by the department of higher and professional education of NUEPA, at Gangtok, Sikkim on November 23 – 27, 2015.
- Participated in the National conference on Jesuit Higher Education at Xavier University Bhubaneshwar, on October 23 – 25, 2015.
- Participated in the consultancy meeting of North East Christian colleges organised by United Board for Christian higher education in Asia and Union Christian college at Bethel Retreat Centre on August 27<sup>th</sup> – 28<sup>th</sup>, 2015.
- Participated in the two Orientation Programme for the coordinators and the Programme In-Charge of IGNOU at Sikkim Government College, Tadong, Gangtok, on 18<sup>th</sup> and 19<sup>th</sup> March, 2016.

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